

Welcome to the Access Center

The Access Center serves as the front door to the APT Foundation's various treatment programs. The APT Foundation offers a range of services for people addicted to substances. Clients seeking treatment at the APT Foundation first come to the Access Center for screening and a comprehensive evaluation. At the time of the evaluation the clinical staff works with clients to examine their unique treatment needs and admits them to the appropriate APT program. If after the evaluation it is determined that the APT Foundation does not have the appropriate program to address the client's needs, the clinical staff will work closely with that individual to refer them to the appropriate resource within the community.

In addition to providing placement services within the Foundation, the Access Center also offers comprehensive treatment for individuals with substance abuse issues. A unique open access program is offered to clients meeting criteria to participate in our services. The Access Center program recognizes that individuals entering treatment have different needs and varying levels of commitment to treatment. Based on information gathered during the evaluation process clients in collaboration with the admitting clinician discuss and agree upon a recommended level of attendance to the program. Attendance levels may be up to daily for several hours a day (intensive outpatient services) to a less structured outpatient program. Through the use of a motivationally based treatment philosophy Access clinicians work closely together to continually monitor progress on individual recovery plans and assist clients to obtain their individual recovery goals. Group therapy is offered Monday through Friday between 8:00a.m.-12p.m. and Wednesday and Thursday from 4p.m.-5p.m. Group times are flexible so that individuals can determine their own schedules, choosing times that are convenient for them.

In addition to providing a comprehensive group therapy program which promotes education and discussion on recovery issues, the Access Center also provides individual therapy as needed. There is a psychiatrist on staff whom clients may elect to see to address their mental health needs. Under the umbrella of the APT Foundation, services are available to address vocational needs through APT Vocational Services and medical services offered at the Central Medical Unit.

At the Access Center as well as all of the Foundation's treatment programs we remain strongly committed to serve the individual needs of each client. We are interested in continued feedback regarding our programming and the environment in which we operate. Please do not hesitate to give us open and honest feedback. It is through this ongoing collaboration that we can help individuals meet their goals.

The Access Center administrative hours are Monday-Friday from 8a.m.-4:30p.m. Please feel free to contact us at 781-4357.

Access Center Intensive Outpatient Track

The Access Center strives to offer flexible treatment services to help you with your recovery needs. We recognize that individuals entering treatment have different needs and varying levels of commitment to treatment. While we offer great flexibility we know that individuals in the early phases of treatment who attend at a higher frequency are more likely to have a better experience and greater success in their recovery. Because we understand peoples varying needs we offer two treatment tracks. Based on the information presented during your evaluation the clinician will make a recommendation as to which track is recommended to best address your addiction and mental health needs. If the intensive track is recommended but you are not ready to make this commitment you may choose the less intensive program.

Intensive treatment is recommended for many individuals entering services to assist them to stabilize in treatment. Clients that have been engaged in services who have struggled with relapse or an increase in symptoms may also be recommended for intensive services. This level of service involves attending treatment for a minimum of nine hours per week. This is broken up into attending the program 3 days/week and participating in three clinical contacts per day (group, individual counseling session, psychiatric consult).

Attending this level of service is based on your treatment needs and is generally only indicated for several weeks. You will work closely with your treatment team to determine how long you will participate at this level of service. Once completing the intensive level of service it is recommended that you continue your treatment at the outpatient level of service for ongoing support.

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Access Center Client Guidelines

Thank you for choosing the APT Foundation Access Center for your substance abuse treatment. We are strongly committed to serving your individual needs in a caring, supportive environment. We are always open to your feedback and suggestions regarding the services offered and the quality of our care that we provide. Noted below are general guidelines for the program.

1. During your initial evaluation you will work with a clinician to determine the appropriate structure of your treatment. The minimum attendance commitment to remain active and considered in compliance with the program is one session/week.
2. New Clients will be assigned a primary clinician. Generally this is the clinician you met with during your initial evaluation. Your clinician will work with you to develop your treatment plan and establish your goals. Though you have a primary clinician, you may feel free to ask any of the staff for assistance.
3. All clients are required to attend the 4 core education groups. These are: Biology of Addiction, Medical Issues & Addiction, Medication Assisted Treatment and Overdose Prevention. These sessions are designed to provide you with the crucial medical and safety information.
4. You will be asked to provide random urine toxicology screens and breathalyzers. You can expect to submit at least one screen/month. Pending on your needs you may be asked to submit screens more frequently.
5. Length of stay is determined by your individual needs. You will work with your primary clinician to establish a successful completion date. As a general guideline we recommend 3 months of abstinence in order to receive a certificate of completion.
6. For clients that continue to use substances your clinician will work closely with you to determine the appropriate level of care to address your needs. Recommendations may include attending our services more frequently, referrals for medication assisted treatment, detoxification, or inpatient treatment. We are committed to work with individuals at their level of commitment; however in cases where you use becomes a safety issue you may be terminated from our services.
7. During your initial screening and evaluation your financial obligations were discussed. If there is a change in your insurance or if you are unable to meet your assessed fees, we will work hard to make an arrangement to suit your needs. We do not want finances to be a barrier to you receiving services; however we do expect that you will keep us apprised of your situation and work with us.

If there are any concerns about our services, please speak to staff immediately.